



Afterburn Performance Fitness Inc.

Team Training - Waiver of Liability

Afterburn has adopted policies, rules and regulations to ensure a safe and enjoyable experience and use of our facility by members and guests. All trainers, guests and members are required to complete the waiver below with all mandatory fields completed prior to use of the facility.

Adherence to Facility Rules and Regulations

While on the Afterburn Performance Fitness Facility (hereafter referred to as “the facility”) I will obey and adhere to all rules and regulations posted by the facility and listed below:

Pool:

1. Appropriate footwear (sandals, slippers, or equivalent) must be worn during pool practices for safety reasons.
2. Users must towel off prior to exiting the pool area and a second change of clothes and footwear must be worn prior to participating in fitness training.
3. Swimming or entering in the water in the pool is prohibited. Failure to adhere will result in the cancellation of all remaining sessions without refund. If an item is dropped into the pool, let Afterburn staff know immediately.
4. Users are prohibited from walking on the seats.
5. On a best effort basis, users will limit the amount of excessive splashing and paddles hitting/ rubbing on the pool wall.

Fitness:

1. Indoor footwear must be worn to enter the pool, fitness or training area. Shoes worn outdoors must be taken off upon entry.
2. All weights and equipment must be put away after use.
3. All benches must be wiped down after use.
4. Skipping is not permitted on the turf.

Proper Conduct and Use of the Facility

- i. I will conduct myself in a manner that does not detract from the experience of others and I will not engage in activities that endanger other members and staff of the facility, disrupt the business of the facility or damage the reputation of the facility.
- ii. Afterburn owners and management retain sole discretion to determine whether in accordance with the above determined at the discretion of Afterburn owners and management could result in expulsion from the premises and termination of the team bookings without refund or any credits.
- iii. If I am found to intentionally or unintentionally damage any property or equipment (determined at the discretion of Afterburn management), I will be responsible for all associated repair costs and lost revenue.

Personal Belongings

- i. Afterburn is not liable or responsible for any lost, stolen or damaged property on the premises.

Photography and Video

- i. Photographs or video may be taken by the Afterburn owner(s), management or employees for the purpose of building and promoting the Afterburn experience and environment and may be published on the facility's Twitter, Instagram, Facebook, website or on the facility's community board.

Liability Waiver:

I, the undersigned acknowledges that all activities and/or programs performed at Afterburn Fitness shall be at my own risk and hereby release and discharge the facility, its owner(s), officers, directors, agents and employees from any liability, claims, demands, injury, damage, action or cause of action whatsoever, which may result from the use of services or facilities of the facility on the premises where the same or any and all acts of the facility are rendered.

I have carefully read this contract and I understand the terms, conditions and liability waiver and agree to be bound by them.

I have carefully read the rules and regulations and understand that failure to adhere to them could result in expulsion from the facility without refund or recourse.

Dated _____ this _____ day of _____.
(yyyy) (dd) (mmm)

Name(First, Last): _____
(Please print clearly.)

Member, Trainer, Guest Signature: _____

Parent / Guardian Signature (if under 18) _____
(mandatory for participants under 18 of age)

Team: _____

Booking #: _____
(to be filled out by Afterburn staff)